

Palmers Green High school Prep Spring Week Two

Weekly menu



Monday

Tuesday

Wednesday

Thursday

Friday

fish fingers	pasta bar beef Bolognese sauce	roast pork with stuffing and apple sauce	paprika and chive chicken breast with gravy	pork sausages
macaroni cheese with cherry tomatoes	pasta bar with vegetable and tomato sauce	vegetarian pie topped with mash potato	leek and potato bake	cheese and tomato pizza
roasted courgettes	steamed broccoli	green beans	carrots	garden peas
new potatoes	garlic bread	roast potatoes	new potatoes	oven cooked chips
fruit salad	raspberry style tiramisu	cranberry and chocolate flapjack	fruit salad	blueberry muffin

Available daily

Seasonal salad bar, cold desserts, fresh fruit & bread.
All meat is Halal (with the exception of pork).
Please contact the school to discuss any requirements.