



PALMERS GREEN
HIGH SCHOOL

PGHS 11+ Sport Scholarship

Introduction

Physical Education has benefited from a high political profile over the last decade with the conviction that investing in sport offers wider benefits, in terms of health, educational achievement and social inclusion.

In 2012, the Chief Medical Officer for England highlighted that: *Promoting physical health in schools creates a virtuous circle reinforcing children's attainment and achievement that in turn improves their wellbeing, enabling children to thrive and achieve their full potential.*

Here at PGHS, the PE Department strongly agree with the above statement and are delighted to be able to offer a Sport Scholarship to the successful candidate.

The PE Department deliver a broad and balanced Physical Education curriculum to provide pupils with the opportunity to experience a variety of sports and physical disciplines. Activities provide a balanced range of individual, paired and group opportunities, in addition to co-operative, collaborative and competitive situations, which aim to promote a broad base of movement knowledge, skills and understanding.

The Department delivers a broad, relevant, and differentiated curriculum. This allows pupils to improve their communication and listening skills whilst also promoting qualities such as creative and aesthetic awareness, self-esteem, and self-discipline.

Aims and objectives of the Scholarship programme

- To develop further physical competence to excel in a wide range of physical activities, including competitive sports.
- To develop further an increasing ability to select, link and apply skills, tactics and compositional ideas.
- To continue to improve observation skills and the ability to describe and make simple judgements on their own and others work, and to use their observations and judgements to improve performance.
- To nurture talent and to provide opportunities to showcase their skills in competitive events and to direct and link the Scholar with established clubs in their chosen sport and to give them the opportunities to trial and, if successful, compete at an elite level.

What we are looking for in a PGHS Sport Scholar

The successful candidate will be a sporting role model to the entire School. They will make a full contribution to the sporting life of the School and they will share their sporting journey and experiences during whole school events. A passion for sport, commitment, motivation, dedication and a positive attitude are fundamental traits required by the candidates. Candidates should show the potential to be successful at an advanced or elite level. All candidates should represent their current school team/s at a level of excellence and should be involved in sporting clubs outside of school. Representative experience or its equivalent at county level or above should be aspired to.

Application Process

Stage 1

Candidates are required to submit a supporting statement, of no more than 500 words, outlining why they should be considered for a Sport Scholarship. This should be submitted with their 11+ Sport Scholarship Application Form by email to office@pghs.co.uk for the attention of the Head of PE by **Monday 6th November 2023**.

Stage 2

After the 11+ Entrance Examination, the Head of PE will select candidates, from those who have reached the required academic standard, to be invited for a practical sport session and interview, which will be held in addition to the usual pupil interview. The Head of PE will also talk to the candidates about their experiences of sport.